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### KEY DATES AND EVENTS

#### Friday 17 September

Last Student Day Term 3

#### Wednesday 22 September

7pm-9pm

Secondary Musical Performance

#### Thursday 23 September

7pm-9pm

Secondary Musical Performance

#### Friday 24 September

4pm & 7pm

Secondary Musical Performance

#### Monday 27 September

Unit 3/4 Practice Exams

#### Tuesday 5 October

Term 4 Students Commence

Please refer to email communications  
for more information  
and check calendar for updates

### MESSAGE FROM THE PRINCIPAL

#### The Earth is the Lord’s

Dear Parents,

I wrote to you last year about our latest building project. I am writing to give you a progress update.

The latest building project on our Brookfield Campus site is well underway. Very few of you will have seen the work start, because of lockdown, but it is exciting to see it commence. Onsite work began a few weeks ago with the demolition of what we called ‘B-Block’. B-Block was that functional but unsightly building to the left of the administration building. It was a row of connected portables, fronted by a student toilet building.

It is gone, all gone.

Now, in place of that old B-Block, there is an enormous hole in the ground. It looks like we are digging a dam; lots of clay and pooled water. But that won’t last long, already the foundation footings have been dug and dug deep.

The new building will reach from the library to where the bike racks used to be. Those racks had to be relocated because that is now a building site.

Our new B-Building has been designed to match the other two-storey building that we put up a few years ago. It will have six classrooms to accommodate our ever-growing number of classes. We have so many families wanting to enrol in our lovely school, and it has been sad to have had to turn good people away.

The new building will have the Uniform Shop at the front on the ground floor. It will be accessed from the car-park pathway so that parents don’t have to enter reception to get into the shop. Having it towards the front makes it readily accessible so that you can run in and quickly grab that item you’re needing. There will also be new student toilets.

As the College has grown, the need for administration and ICT staff has grown too. In fact we have outgrown our back-office and ICT office. So, the new building will allow admin to spread out into it, and that will release much-needed space in the current administration building for ICT to expand.

Timelines of building projects can be unpredictable, but our plan is that the construction of this new building will mean it is ready for us to set up and occupy for the start of next year. This is very exciting.

The greater proportion of the cost of this building will be borne by the school, but we express gratitude to the federal government for a grant that covers around one third of the cost.

I know you will be excited by this progress update. Every day I feel grateful to the Lord for the gift that we have, the blessing of being part of Melton Christian College community.

Yours sincerely,

David Gleeson  
Principal

### WEEKLY BIBLE VERSE

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

Philippians 2:3,4 (NIV)



Community

PRIMARY UPDATE

Let’s start by looking at Matthew 11:28, from a variety of translations, and hear what Jesus is telling us:

- NIV** – “Come to me, all you who are weary and burdened, and I will give you rest.”
- The Passion** - “Are you weary, carrying a heavy burden? Come to me. I will refresh your life, for I am your oasis.”
- New Living** - “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.”
- The Message** - “Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest.”
- International Children’s Bible** - “Come to me, all of you who are tired and have heavy loads. I will give you rest.”

When is the last time you feel you rested? Really rested? The word *rest* means to cease work or movement in order to relax, sleep, or recover

strength. Jesus tells us, He commands us, that we need to rest.

You have done so well. You have helped your children with their at-home learning. For many of you, you have done this around your own at-home work, or with younger children in tow. You have continued to cook, clean, be a mum, be a dad, be an employee and all the while ensuring you are keeping your children safe during this pandemic. It is tiring.

The Year 6 students are learning in Bible that our life is like a race. We need to be prepared to run the distance. It’s not a sprint, it’s a marathon. You need to rest, as we don’t know how long our pandemic marathon will last now.

In just over a week, you and your children will have some time to rest. It is important that during the term break you do rest. All of you. Take some time to walk around your neighbourhood and marvel at God’s creation during spring. Spend some time as a family praying thankful prayers to God for what you do have.

Build a cubby house inside.

Make your own pizzas.

Organise a treasure hunt or a scavenger hunt.

Have a picnic in the backyard.

Plant a new garden.

Start making home-made Christmas gifts.

Everything that is mentioned above is an opportunity for children to learn. And you will be spending family time together.

And yes, it’s okay to just sit and watch a movie, read a book, do a puzzle or start a TV series together.

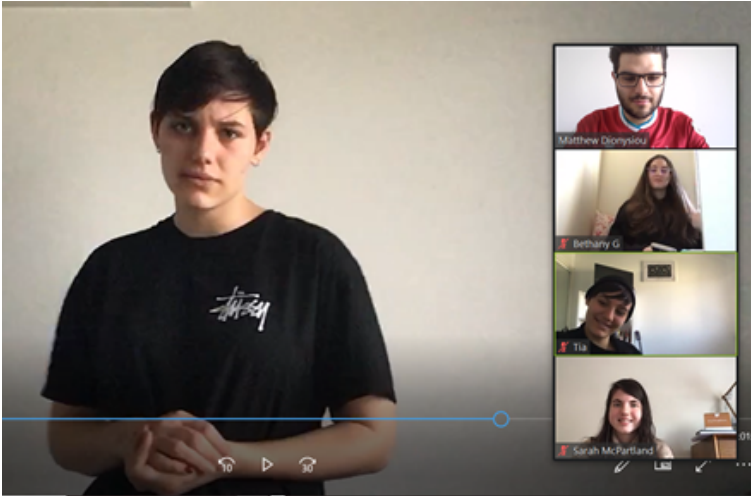
Don’t allow this pandemic to rob you of the opportunity to spend precious time to rest with your family – in the future you will look back at this moment and thank God you were able to have so much time together while your children were young.

Have a restful term break.

Stay safe and God bless you,

Jodie Vamplew

Head of Primary



Year 9 Theatre Studies students present their devised monologues during online learning

SECONDARY UPDATE

This week is R U OK? week – or Are you ok? week. This organisation was founded in 2009, and I feel it’s message has never been as important as it is this year.

Their message is around knowing how people are travelling in your world, and not waiting for them to be visibly distressed or in crisis to reach out, but instead to make a moment meaningful and ask them how they are going this week. More information on how we can do that is on their website <https://www.ruok.org.au/-join-r-u-ok-day> .

It does pair nicely with our College’s doing verse for the week, *Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others* (Philippians 2:3,4). Like R U OK? week, this verse is asking us to stop thinking inwards about our own needs, and instead look around us and respond to the needs and interests of other people.

We, as a College, are also eager to ensure that all our students are ‘ok’ in this extended lockdown. We have heard from many families that one of the unavoidable outcomes of this pandemic and

online learning is a loss of social interaction amongst our students. To combat this loss, we are changing our Bible classes in each year level to a wellbeing social connection chat. In the senior years, it will be every second class. Teachers will run a conversation in classes with any student who needs to connect with their peers. This will be an opportunity to have an informal social chat with classmates online throughout the week. Please encourage you child to connect with their class during the scheduled bible time.

Derek Bendall

Head of Secondary



## SPOTLIGHT ON TEACHING & LEARNING

### Keep at it, students

“Kind words are like honey – sweet to soul and healthy for the body” (*Proverbs 16: 24. New Living Translation*). Words of encouragement are a lovely gift. I don’t think any student has ever said to a teacher, “Stop encouraging me...!”

Encouragement often takes the form of urging someone not to give up. Teaching is an honour and privilege; encouraging students to keep going and keep at it is a vital part of our work. Students, I want to encourage you by taking a moment to remind you that learning skills and mastering concepts takes... time. So please, be kind to yourself. Rest assured, your teachers do not expect you to master a new concept after two or three lessons, or execute a skill to precision on your first attempt, or even your fifth attempt for that matter! Learning happens over time. Be patient. And remain steadfast. Mastery takes deliberate, intentional practice. It takes consistent

effort through a series of steady steps to achieve mastery. Be encouraged; time and commitment are two things that do not require a talent. You are designed by God to learn, to grow and develop. With consistent effort over time, learn, grow and develop you shall. Keep at it.

Usain Bolt, a Jamaican world class athlete, is considered by many to be the greatest sprinter of all time. Bolt delighted and stunned people from all over the globe by his faster-than-lightning sprinting; blink and you’d almost miss him. The “Lighting Bolt” reflects on the importance of keeping at it, “**I trained 4 years to run 9 seconds, and people give up when they don’t see results in 2 months...!**”. While Bolt may have ‘raw talent’, it would have been for naught if he abandoned the work in front of him too soon. He kept turning up and having a go. If Bolt settled and decided not to do a little bit extra in his next training session, he would never have reached the highest level of success and become the world-class sprinter

we all know him to be.

I am sure Bolt would have had setbacks along the way and listened to his body and known when to rest. Resting is part of the growth; it helps sustain development. Ironically, Usain Bolt didn’t rush the results, but instead applied consistent and steady effort and incrementally got stronger and faster over four years to reach the top level. Learning mastery happens over time.

"Here’s what I’ve learned through it all: *Don’t give up*; don’t be impatient; be entwined as one with the Lord. Be brave and courageous, and never lose hope." Yes, keep on waiting — *for he will never disappoint you!*" (*Psalms 27:14. The Passion Translation*)

Remember, you were designed by God to grow and develop bit by bit. Keep at it.

**Kristie Barber**  
**Head of Teaching & Learning**



A conversation can make a difference

## RUOK? DAY

### A conversation can make a difference

I always cherish the poignant moments that people have privileged me with; An honest window in to their day, their world, or circumstance or even into how they are feeling in a moment. Whether it is around the photocopier, in a corridor, on a doorstep, on a walk, or over a coffee, I will never tire or underestimate the power or privilege in a conversation.

I want to remind us that you can make a moment meaningful by asking people how they’re really going, not just on R U OK? Day, but any day

someone’s struggling. We are called by God to be a part of this great and growing community. I hope we can all help each other feel connected and supported, no matter what they might be facing.

So, this Thursday was R U OK? Day, but I want to encourage you to have a think about how you can make a meaningful difference to each other, with friends, your family, and for our community. Of course, if you would like, you can also get tips on how to make a moment meaningful and ask “are you OK” and what to say when someone says *they’re not OK* at [ruok.org.au](http://ruok.org.au). The website also has a directory of national helplines if someone

needs extra support. Don’t forget, if you’re doing tough, or need someone to talk to at any stage, I invite you to reach out or contact me any time, not just today or tomorrow.

My hope is that you will get involved and have a brave conversation, not just because it is R U OK? Day or week, but over time, day-by-day that you will get involved in and embrace community. Together, let’s encourage everyone to stay connected, and make having authentic conversations and check-ins part of our everyday.

**Bonnie Lang**  
**Head of Pastoral Care**



SCIENCE WEEK

2021 Science Week at Melton Christian College

The school theme for National Science Week 2021 is Food: Different by Design. It honours the United Nations International Year of Fruits and Vegetables and the International Year of Creative Economy for Sustainable Development.

To celebrate the learning at Melton Christian College, our activity this year of using a sustainable product, such as ‘cricket flour’ to make cookies, was designed to be in line with the Australian Curriculum, Design and Technologies—Knowledge and Understanding. This investigates the different ways in which products, services, and environments evolve ethically and sustainability.

The development and production of Cricket flour has proven to be a simple solution to creating a sustainable product which is high in nutritional content and has a low environmental impact.

Winning Entry Number 1 - Cricket Cookies by Dianne (7A) and Viliami Tupou (8B)

My brother (Viliami) and I (Dianne) decided we would enter the ‘Cricket Choc Chip’ cookie competition, so we baked some cookies.

We did not use much sugar, since we were using lots of white chocolate chips. When we mixed the white chocolate chips, it was a bit hard to stir them through, but our persistence paid off in the end.

We shaped the cookie dough into little balls, then put pressure on the top so it would flatten out to be a circle. They were now ready for the final step: baking. We cooked them at a lower temperature of 150°C instead of 190°C so they wouldn’t burn.

Sensory Evaluation: The cookie texture was very soft on the inside. They were not too sweet, but the white chocolate chips made them sweet. Their colour was very light brown and their aroma smelt like white chocolate. We must admit, they looked really good, and we made about 20 cookies.

They didn’t last long, as my whole family ate all of them. Yum!!!

Winning Entry Number 2 – Seeing double...by Tyler and Noah Grady (7B)

When we read about the competition, we thought we should have a go and make a cake, as we like cakes better than cookies. Look at our beautiful looking cake. It is shiny and tasted terrific. Tyler really loved making and eating the cake.

**Winning Entry Number 3 – Deon Katena (9A)**

I thought I could try baking cookies with ‘cricket flour’.

The cricket flour was different to white wheat flour. It had a grainy texture when I felt it. I think the cookies looked pretty good after they came out of the oven and cooled slightly, I tasted them, and this is my review:

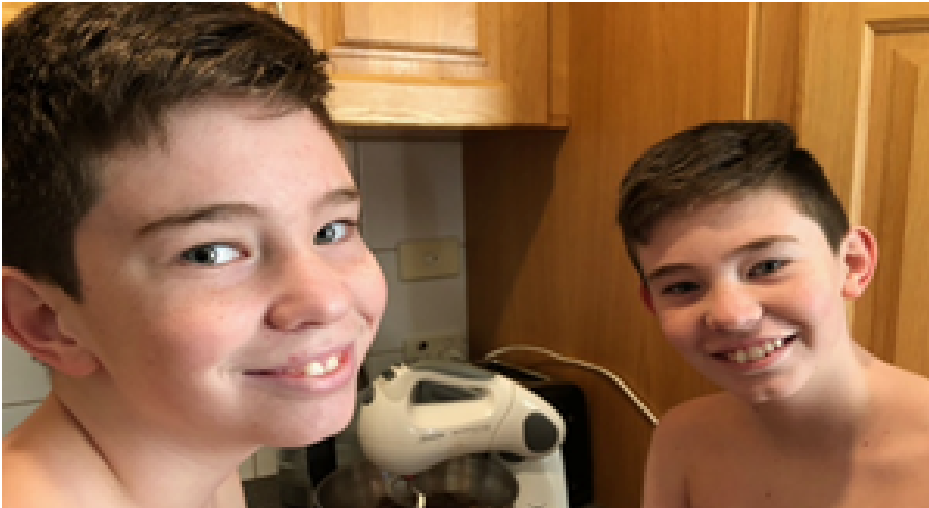
The cookie had a nutty taste, but the texture of the cookie was sort of smooth and soft in the mouth. The appearance of the baked cookies seemed a little darker than the regular chocolate chip cookie. However, if you saw them at first glance, you would think they are just regular chocolate chip cookies, with all the normal ingredients. I did not mind the taste, as they were quite normal tasting with a hint of nutmeg. Would I make these again? Maybe...



Winning Entry Number 1 - Cricket Cookies by Dianne and Viliami Tupou



Winning Entry Number 3 – Deon Katena



Winning Entry Number 2 – Seeing double...by Tyler and Noah Grady





## ANNOUNCEMENTS

### Camp Australia

Outside School Hours Care service is open and operating for those that need care, and will provide your children with much-needed familiarity and continuity through our engaging programs. It's FREE to Register (and if you want to use OSHC, you first need to register).

**Register at [pp.campaustralia.com.au/account/login](https://pp.campaustralia.com.au/account/login).** Once registered, it's easy to make and manage your bookings online via the Parent Portal. Visit the blog: <https://campaustralia.com.au/blog>

### Reusable Face Masks Available

Ultra-comfort, reusable face masks available for purchase from Reception. With adjustable nose bar and ear loops to reduce fogging and for a perfect fit, these soft-to-touch cotton face masks have odour control to keep your face fresh, dry and odour free. ANTI-MICROBIAL FINISH TEXPEL MICRO™ kills 99.9% of bacteria.

One size fits most. Available in black or navy for \$4.50

Let's do the right thing for our environment and reduce waste.

Avoid single use and go reusable!



Primary Stationery and Care Packs ready for Direct-to-Boot Pick-up

### Melton Christian College

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[www.mcc.vic.edu.au](http://www.mcc.vic.edu.au)

### Uniform Shop (Located in the College Auditorium)

The Uniform shop is closed due to current restrictions.

Regular hours will commence if restrictions have been eased, on Friday, October 1.

MCC Uniform Shop opening hours:

Wed to Fri - **8:45am - 11am & 2 - 4pm.**

Orders can be placed at the Uniform Shop or via email with an order form on the College website.

MCC Uniform Shop Manager: Denise Eddy

MCC Uniform Shop contact details - Ph: 9732 3019; Email: [uniformshop@mcc.vic.edu.au](mailto:uniformshop@mcc.vic.edu.au)

### Melton Christian College is a ministry of Melton Christian Church

For information on service times, go to:  
[www.mcchurch.com.au](http://www.mcchurch.com.au)

